

## 2019 FIRST SHUKUMA ESWATINI



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Updates on 2019 's first Shukuma Eswatini participation.

## SHUKUMA ESWATINI INVADES LUBOMBO

**"A healthy body is a healthy mind"**

SATURDAY THE 23<sup>RD</sup> OF FEBRUARY 2019 SHUKUMA ESWATINI INVADED THE LUGONGOLWENI INKHUNDLA IN SITEKI IN THE LUBOMBO REGION. THIS WAS THE FIRST SHUKUMA OF 2019.

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More activities during Shukuma event.

Residents came in their numbers for this special day, which was graced by the Minister of Sport, Culture and Youth Affairs Harris Madze Bulunga. Over 300 people were part of the fun filled day .Amongst the enthusiastic participants were the likes of Principal Secretary Prince Mlayeto, Lugongolweni member of Parliament Thethi Magongo and Swaziland National Sport and Recreational Council (SNSRC) Chief Executive Officer (CEO) Darius Dlomo.

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Updates on upcoming 2019 National Sports Awards.

Marking the start of activities on the day was a 10km walk, which started from St. Boniface Primary School to Siteki Town and back. After the walk, Aerobics took center stage before the other Sporting activities that included Kids Athletics, Egg and spoon race, Rope skipping, tug of war and other fun games.

# EXCITING ACTIVITIES

## 10 KM WALK



**"YOUR BODY CAN STAND ANYTHING. IT'S YOUR MIND YOU HAVE TO CONVINCE"**



Egg racing was the children's favorite fun game.



## TUG OF WAR

**MINISTER OF SPORT CULTURE AND YOUTH AFFAIRS HIS HONORABLE HARRIS MADZE BULUNGA TAKING PART IN THE TUG OF WAR.**



AWARDS LOGO



KIDS' ATHLETICS CHILDREN WERE ENCOURAGED TO KEEP FIT



GE 06



Here is the full list of the shortlisted nominees

### Outstanding Junior Sportsman

#### Final top three

- Cameroon Thomas Jele
- Melusi Lukhele
- Sisekelo Rio Matsenjwa

### Outstanding Junior Sportswoman

- Lamulela Magagula
- Michelle Amor Shen
- Sikhulile Mahlalela

### Outstanding Sportsman

- Thandukukhanya Dlamini
- Zweli Dlamini
- Sibusiso Matsenjwa

### Outstanding Sportswoman

- Sindisiwe Maphalala
- Nonhlanhla Erykah Seyama
- Leticia Viana

### Outstanding Sportsman – SPWD

1. Thobani Zikalala

### Outstanding Sportswoman – SPWD

1. Nomsa Mkhonta

### Outstanding Sports Team

- Under-17 Football national team
- Correctional Sunrise ladies VB
- 2018 National Bass Angling team



### Outstanding Sports Coach

#### Final top three

- Mbuso Vilakati
- Mfanafuthi Vilakati
- Velekhaya Mthethwa

### Outstanding Administrator

- Bonginkhosi Shabangu
- Bhekisisa Mkhonta

### Outstanding Sports Leader

- Sizwe Mabuza
- Bonginkhosi Shabangu
- Maxwell Jele

### Outstanding Sports Journalist

- Sibusiso Masilela
- Phathizwe Msibi
- Ashmond Nzima

### Sports Star

- Lamulela Magagula
- Mitchele Amor Shen
- Sikhulile Mahlalela
- Zweli Dlamini
- Thandukukhanya Dlamini
- Sibusiso Matsenjwa
- Sindisiwe Maphalala
- Nonhlanhla Erykah Seyema
- Leticia Viana
- Thobani Zikalala
- Nomsa Mkhonta

AWARDS LOGO

